

WELCOME TO THE OMNI FAMILY!  
2021-2022 ~ CELEBRATING 7 YEARS!





# Welcome to Omni Elite Athletix

---

Thank you for your interest In the Omni Elite Allstar Cheerleading Program!! We are so excited that you are here and plan to join us on this amazing journey! Our mission is to give 100% commitment to your child and their teams goal to be competitive, no matter what the level. We will train both mental and physical components of our athletes. We will constantly assess their progression as the season goes on. We will encourage a positive atmosphere at all times, building strong character in our athletes.

Clinics, Evaluations and First day of practice (Start date for clinics is May 17th, 2021)

Team reveal: Athletes will receive an email to reveal their team!

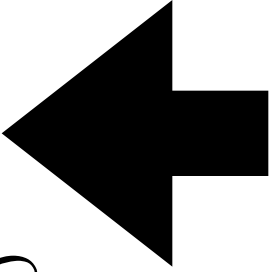
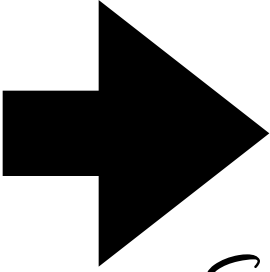
Your child will not be able to begin practice until the entire packet is turned in, completed. There will be a calendar included for you to mark off your vacation days in the summer. Please make sure you complete this and include any time you will be away from June- August 2020. This will help us when scheduling routine camps.

Please download the BAND app to your phone. This is how we will communicate with you throughout the season. Once your child's team is announced you will be invited to the team group me.

\*\*All-star cheerleading is a full year sport. The skills our athletes learn as a team during the summer prepares them for their competition season. Competitions will begin in November and it is imperative that summer practices and camps are attended for the team to be successful.

For More information or to register visit:  
OMNIELITEATHLETIX.NET  
704-684-0100  
[omnieliteathletix@gmail.com](mailto:omnieliteathletix@gmail.com)





# TEAM EVALUATIONS:

**Evaluation Schedule:  
Tumble, Jump, Strength & Conditioning Clinics  
will be May 17th!**

- May 17th - 5-5:45pm (Jump Conditioning), 6-6:45pm (Strength & Conditioning)
- May 19th - 6-6:45pm (Flyer Conditioning)
- May 20th - 5-6pm (Standing Tumbling Lv1-3), 6-7pm (Standing Tumbling Lv4-6)
- May 21st - 4-4:45pm (Flyer Tryout Lv5-6), 5-6pm (Speciality Tumbling Lv3-6)

**Evaluations:**  
-Flyer Tryouts May 21st 4-4:45pm  
-Lv1-2 (11 & under) May 25th  
4:30-5:30pm  
-Lv1-2 (12 & up) May 25th 5:30-6:30pm  
-Lv3-6 (12 and up) (Must have tuck)  
May 25th 6:30-7:30pm

## **HOW ARE TEAMS FORMED?**

---

OMNI ELITE HAS A COMPLETE TEAM FORMATION PROCESS. TUMBLING/STUNTING/JUMP ABILITY/ ABILITY TO PICK UP CHOREOGRAPHY/PERFORMANCE WILL BE TAKEN INTO CONSIDERATION WITH OTHER ASPECTS. WE ARE LOOKING FOR LEADERS AND ATHLETES WITH DRIVE AND PASSION. ATHLETES WILL BE GROUPED WITH OTHER LIKE-SKILLED AND LIKE-MINDED ATHLETES TO FORM A SET OF TEAMS WE BELIEVE WILL ALL HAVE SUCCESSFUL SEASONS. WE HAVE A PLACE FOR ALL ATHLETES, INCLUDING BEGINNERS, AT OMNI ELITE!

\*DO WHAT YOU KNOW YOU CAN DO WELL! REMEMBER...**TECHNIQUE IS KING!**\*





# Competitions & Practices

Here at Omni Elite Athletix we train to COMPETE! All of our teams are highly competitive at both a local and national level (all ages and levels!). Travel is necessary for our athletes to experience great competition and national exposure! Please see the chart below for an idea of our competition structure for the season:

| Age Group/Level | Local Events    | Travel Events |
|-----------------|-----------------|---------------|
| Tiny L1         | Will attend 4-5 | At least 1    |
| Mini L1-2       | Will attend 4-5 | At least 1    |
| Youth L1-5      | Will attend 4-5 | At least 4    |
| Junior L1-6     | Will attend 4-5 | At least 4    |
| Senior L1-6     | Will attend 4-5 | At least 4    |

\*Our exact competition schedule will be released to our families in September\*

**Regional Summit:** Tiny/Mini/Yth/Jr/Sr teams will accept bids

**D2 Summit Bids:** Junior and Senior teams will accept bids

**Worlds Bids:** Worlds teams will accept bids



# PRACTICE SCHEDULE:

| Age Group/Level                  | June-July   | August-May       |
|----------------------------------|-------------|------------------|
| Tiny/Mini L1                     | 2x Per Week | 2x Per Week      |
| Mini L2/Youth/Junior/Senior L1-5 | 2x Per Week | 1 Week + Sunday  |
| Senior Worlds L6                 | 2x Per Week | 2x Week + Sunday |

## WEEKNIGHT PRACTICES: PRACTICES RUN MONDAY-THURSDAY

Tiny  
1.5 HRS/Practice

Mini/Yth/Jr/Sr L1-6  
2 HRS/Practice

## SUNDAY PRACTICES: SUNDAY PRACTICES WILL START AUGUST 4TH

Mini/Yth/Jr/Sr L1-5  
2 HRS/Practice

Senior Worlds L6  
3 HRS/Practice

**\*EXTRA PRACTICES WILL BE ADDED ON AN AS NEEDED BASIS & ARE INCLUDED IN MONTHLY TUITION\***

# ATTENDANCE POLICY:

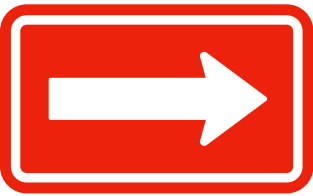
At Omni Elite Athletix, we believe that our teams become GREAT by working together to achieve their goals. We recognize COVID-19 calls for some modifications to our Attendance Policies, but still maintaining the importance of attendance. All practices are MANDATORY, although absences will be permitted as stated below:

**SICKNESS:** Any athlete experiencing flu like symptoms (fever, sore throats, etc..) will be excused.

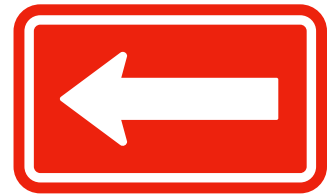
**June-May:** Absences Permitted, MUST BE SUBMITTED NO LESS THAN 2 WEEKS IN ADVANCE, and must be APPROVED by management. **We always have practice the week of spring break, PLEASE PLAN TRIPS ACCORDANTLY.**

**\*\*If an athlete has more than THREE unexcused absences, Omni has the right to remove that athlete from our teams.\*\***

**\*\*PLEASE TRY TO PLAN TRIPS AND CAMPS OVER OUR SCHEDULED GYM CLOSURES\*\*\***



## WHAT LEVEL IS MY ATHLETE?



To be considered at a level, athletes should have mastered all listed skills with **CONSISTENCY** and **GOOD TECHNIQUE**! Level requirements listed are the minimum tumbling requirements to hit the scoresheet. We believe in placing athletes on teams where they will be overall successful! We develop our teams to compete at a high level and with honor! At Omni Elite we believe **EVERY** team is important! If you have any concerns (injuries or fears) please include this on your info form. Every athlete will be initially be placed where Omni staff feels they have mastered their skills.

| Level:  | Minimum Reuirements:                                  | Advanced Recommendations:   |
|---------|---|---|
| Level 1 | NO EXPERIENCE REQUIRED!                               | FRONT WALKOVER, BACK WALKOVER, BACK WALKOVER SWITCH KICK  |
| Level 2 | BHS, ROUND OFF MULTIPLE BHS                           | BACK WALKOVER BHS, SPECIALTY ROUND OFF MULTIPLE BHS   |
| Level 3 | JUMP BHS, STRONG ROUND OFF BHS TUCK                   | STANDING 3 BHS, PUNCHFRONT, SPECIALTY TO TUCK   |
| Level 4 | STANDING BACK TUCK, 2 BHS TO TUCK, RO BHS LAYOUT      | JUMP BHS TUCK, SPECIALTY (FWO, WHIP, PUNCH FORM STEP OUT) TO LAYOUT                                     |
| Level 5 | JUMP TO TUCK, 2 BHS TO LAYOUT, RO BHS FULL            | STANDING SPECIALTY (WHIP) TO LAYOUT, RUNNING SPECIALTY (FWO, WHIP, PUNCHFRONT STEP OUT, ARIBAN) TO FULL |
| Level 6 | JUMPS TO TUCK, 1-3 BHS TO FULL/ DOUBLE, RO BHS DOUBLE | SPECIALTY RUNNING TO DOUBLE FULL, BHS FULL, JUMP BHS FULL, JUMP FULL, STANDING FULL, STANDING TO DOUBLE |



# FINANCIAL COMMITMENT



## MONTHLY TUITION:

\$165

## WORLDS MONTHLY TUITION:

\$180

DRAFTED ON 1ST OF EACH MONTH

INCLUDED: 2 PRACTICES PER WEEK, TUMBLING CLASS (STARTING IN SEPTEMBER), OPEN GYMS, AND EXTRA PRACTICES!

## UNIFORM:

**(Lv1-5): \$550 ESTIMATED**

(SAME AS '20-'21 SEASON)

(SPLIT INTO 2 PAYMENTS)

**(Lv6): \$550 ESTIMATED**

(BRAND NEW UNIFORM)

## COMPETITION BOW:

\$45

(Includes Competition Bow, Mini bows, and Scrunchies)

(SAME BOW AS '20-'21 SEASON)



## EVALUATION FEE: \$65

## ANNUAL REGISTRATION FEE:

\$75 (IF NOT ALREADY ENROLLED)

USUAF MEMBERSHIP: \$30

## MUSIC & CHOREO:

Estimated \$250

(For certain teams)

## COMPETITION FEES:

Estimated \$1400

(SPLIT INTO 6 PAYMENTS)

## CROSSOVER FEES: TBD

(SPLIT INTO 4 PAYMENTS)



## PRACTICE WEAR:

\$100 ESTIMATED

(SPORTS BRA, SHORTS, TANK TOP, BOW)

## SHOES:

REBEL \$110

VARSITY \$125

## ADDITIONAL EXPENSES:

### REBEL DREAM BAG:

(ESTIMATED) \$140

### WARM UPS:

ESTIMATED) \$235

### ADDITIONAL APPAREL



## END OF SEASON EVENTS:

(REGIONAL SUMMIT, D2 SUMMIT, & WORLDS)

FEE ARE NOT INCLUDED IN COMPETITION FEES

ALL TRANSPORTATION AND LODGING ARE NOT INCLUDED IN MONTHLY FEES!



# ATHELTE ROSTER INFO

Communication is very important at Omni Elite Athletix. To help us keep in touch with you on a regular basis, with date changes, and also in the event of an emergency, please fill out the form below. Your information will be kept strictly confidential. Thank you.

---

Athlete First Name

---

Athlete Last Name

---

Address

---

State, City, and Zip

---

Birthdate

---

Home Phone

---

Athletes Phone Number

---

Parent Phone Number

---

Athlete Email

---

Parent Email

## CLOTHING SIZES:

TSHIRT: YOUTH: SMALL MEDIUM LARGE ADULT: SMALL MEDIUM LARGE XLARGE

SHORTS: YOUTH: SMALL MEDIUM LARGE ADULT: SMALL MEDIUM LARGE XLARGE

SPORTS BRA: YOUTH: SMALL MEDIUM LARGE ADULT: SMALL MEDIUM LARGE XLARGE

JACKET: YOUTH: SMALL MEDIUM LARGE ADULT: SMALL MEDIUM LARGE XLARGE

HOODIE: YOUTH: SMALL MEDIUM LARGE ADULT: SMALL MEDIUM LARGE XLARGE



# ASSESSMENT FORM:

Name: \_\_\_\_\_

Age as of December 31st, 2021: \_\_\_\_\_

DOB: \_\_\_\_\_

Current School: \_\_\_\_\_ Grade '21-'22: \_\_\_\_\_

Cheer Experience:

At which position(s) do you have experience in?

NONE      FLYER      BASE      BACKSPOT

Most Experienced Stunting Level:

\_\_\_ Level 1 (no experience/prep level stunts)

\_\_\_ Level 2 (extended two-leg stunts, straight ride baskets)

\_\_\_ Level 3 (extended one-leg stunts, full downs)

\_\_\_ Level 4 (full ups, double downs, switch ups)

\_\_\_ Level 5 (1 1/2 up, full up to body position, kick double baskets)

\_\_\_ Level 6 (Double ups, extended tic toks, kick double baskets)

Do you cheer for your school?

Competition: Yes    No

Football:    Yes    No

Basketball:    Yes    No

