

# OMNI ELITE ATHLETIX

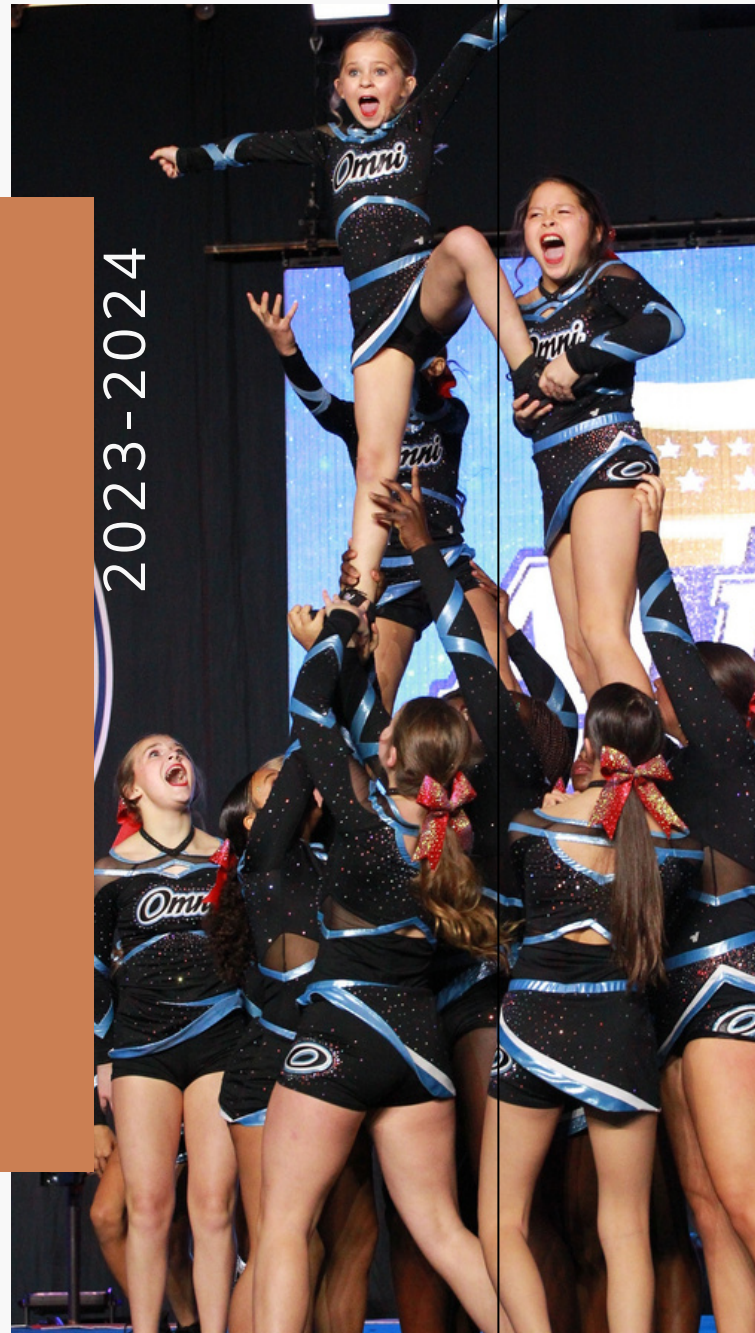
# *Evaluations!*

## OMNI ELITE ATHLETIX

1426 BABBAGE LANE  
Indian Trail, NC 28079  
704-684-0100  
omnieliteathletix.net

SEASON 9 PACKET  
ALL-STAR ELITE

OMNIELITEATHLETIX@GMAIL.COM





Thank you for your interest In the Omni Elite Allstar Cheerleading Program!! We are so excited that you are here and plan to join us on this amazing journey! Our mission is to give 100% commitment to your child and their teams goal to be competitive, no matter what level. We will train both mental and physical components of our athletes. We will constantly assess their progression as the season goes on. We will encourage a positive atmosphere at all times, building strong character in our athletes.

Clinics, Evaluations and First day of practice:

Start date for clinics is May 15th, 2023

Date for evaluations is May 23rd, 2023.

Start date for practices is June 6th, 2023.

**Team reveal: Athletes will receive an email to reveal their team on May 26th, 2023!**

# Omni Elite



Once your packet is turned in, Your child will be able to begin clinics and practices. There will be a calendar included for you to mark off your vacation days in the summer. Please make sure you complete this and include any time you will be away from June-August 2023. This will help us when scheduling summer events and practices.

Please download the BAND app to your phone. This is how we will communicate with you throughout the season. Once your child's team is announced you will be invited to the team band.

**\*\*All-star cheerleading is a full year sport. The skills our athletes learn as a team during the summer prepares them for their competition season. Competitions will begin in November and it is imperative that summer practices and camps are attended for the team to be successful.**

Omni Elite

# EVALUATION *INFO*

## Evaluation Process:

**\*\*Low-stress environment\*\***

Athletes will be asked to preform skills they've mastered.

They are given 3 attempts to show their most consistent unassisted skills.

**\*Flyers will be asked to demonstrate body positions on the floor.**

**\*Tryouts are CLOSED to all viewing.**

## EVALUATION SESSIONS:

- Clinics will be held Monday May 15th – Thursday, May 18th, Wednesday, May 24th and Thursday, May 25th
- Level Clinic emails will be sent Thursday, May 18th.
- Level Clinic practices will be Monday May 22nd,

### REGISTER ONLINE:

Step 1: Go to [omnieliteathletix.net](http://omnieliteathletix.net)

Step 2: Create an account  
(if a new member)

Step 3: Register under "events"

### FEE:

\$75 until May 13th

\$90 Walk in





OMNI ELITE ATHLETIX

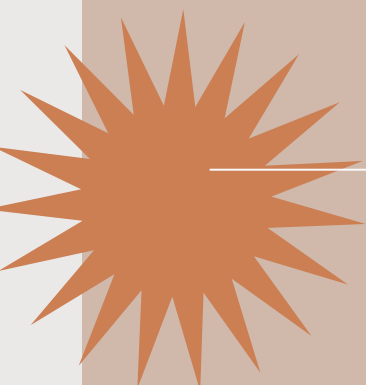
# Eval Info



## EVALUATION SCHEDULE

<p>MAY 15TH</p> <p>5:00-6:00PM Level 1 Tumbling</p> <p>6:00-7:00PM Level 2 Tumbling</p>	<p>MAY 16TH</p> <p>5:30-7:00PM Open Gym</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>MAY 17TH</p> <p>5:30-6:30PM Level 3 Tumbling</p> <p>.....</p> <p>.....</p> <p>.....</p>	<p>MAY 18TH</p> <p>5:30-6:30PM Level 4 Tumbling</p> <p>.....</p> <p>5:30-6:30PM Level 5 Tumbling</p>
<p>MAY 22ND</p> <p>5:00-6:00PM Level 1&amp;2 Jumps</p> <p>6:00-7:00PM Level 3-6 Jumps</p>	<p>MAY 23RD</p> <p>5:00-5:45PM LV1&amp;2 EVALS</p> <p>5:45-6:30PM LV 3 EVALS</p> <p>6:30-7:15PM LV4-6 EVALS</p>	<p>MAY 24TH</p> <p>5:00-6:00PM Flyer Clinic</p> <p>6:00-7:00PM Jump Training</p>	<p>MAY 25TH</p> <p>5:00-6:00PM Jump Training</p> <p>6:00-7:00PM Flyer Clinic</p>

\*\*\* Team Reveal Will Be Friday  
May 26th, 2023 via Email, and  
Social Media (Facebook &  
Instagram) With Athletes  
Numbers\*\*\*



# OMNI ELITE ATHLETIX



## ANGIE DEHART

OWNER & DIRECTOR  
OMNIELITEATHLETIX@GMAIL.COM

## BAILEY DEHART

ASSISSTANT GYM DIRECTOR  
BAILEYDEHART16@GMAIL.COM

## GAGE BARBER

ALLSTAR DIRECTOR  
OMNIELITEATHLETIX.GAGE@GMAIL.COM

## KELSEY SMITH

TUMBLING MANAGER  
OMNIELITEATHLETIX.KELSEY@GMAIL.COM

## LINNEA WATT

OFFICE MANAGER  
OMNIELITEATHLETIX.LINNEA@GMAIL.COM

## IVY SUDER

TUMBLING & ALLSTAR COACH  
OMNIELITEATHLETIX.IVY@GMAIL.COM

## KAYLA WALLACE

TUMBLING & ALLSTAR COACH  
KAYLAWALLACE415@GMAIL.COM

## LEXI DEHART

TUMBLING & ALLSTAR COACH  
LEXIDEHART99@GMAIL.COM

## EMILY BIRD

TUMBLING & ALLSTAR COACH  
EMILYBIRD142@YAHOO.COM

## MELISSA CALDWELL

TUMBLING & ALLSTAR COACH  
MELISSACALDWELL45@GMAIL.COM



OMNI ELITE ATHLETIX

# FINANCIAL *Commitment*

ELITE LEVEL 1-4

\$175 PER MONTH

2 Practices/ 1 Tumble Class

REQUIRED ADDITIONAL FEES NOT INCLUDED IN MONTHLY TUITION

Annual Registration Fee

\$75 Individ./\$125 Max

Acceptance & Practice Wear

\$180 due at placement

Competition Fees\*\*

\$1500 est.

Choreography

\$400 est. Half due 6/1 & 7/1

Uniform (NEW)\*\*

\$550

USASF\*\*

\$49

## ADDITIONAL FEES (NOT IN MONTHLY TUITION)

Warm Up (\$250), Backpack (\$135), Black Shoes (\$110)

### CROSSOVER FEES\*\*:

Additional Competition Fees (\$500)

### ADDITIONAL CLASSES

#### TUMBLING

(1 CLASS INCLUDED; ADDITIONAL CLASS \$30)

FLEX CLASS -\$30/MONTH

\*\*FEES LISTED ABOVE ARE ESTIMATED UNTIL JUNE\*\*

\*Tuition can be paid in full (5% discount) by June 5th.

\*6 equal installments July-December; Crossover Fees 4 installments January-April

\*End Of Season Events (All Star Worlds, The Open, D2 Summit, & Worlds) are NOT included into competition fees.



OMNI ELITE ATHLETIX

# FINANCIAL *Commitment*

ELITE LEVEL 5-6

**\$185 Per Month**

2 Practices/extra hrs. plus 1 Tumble Class

REQUIRED ADDITIONAL FEES NOT INCLUDED IN MONTHLY TUITION

Annual Registration Fee

\$75 Individ./\$125 Max

Acceptance & Practice Wear

\$180 due at placement

Competition Fees\*\*

\$1500 est.

Choreography

\$400 est. Half 6/1 & 7/1/23

Uniform

\$550 est. 1/2 due 6/15/23

USASF\*\*

\$49

## ADDITIONAL FEES (NOT IN MONTHLY TUITION)

WARM UP (\$250), BACKPACK (\$135), BLACK SHOES (\$110)



## CROSSOVER FEES\*\*

ADDITIONAL COMPETITION FEES (\$500)

## ADDITIONAL CLASSES

TUMBLING

(1 CLASS INCLUDED; ADDITIONAL CLASS \$30)

FLEX CLASS- \$30/MONTH

\*\*FEES LISTED ABOVE ARE ESTIMATED UNTIL JUNE\*\*

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\*Tuition can be paid in full (5% discount) by June 5th.

\*6 equal installments July-December; Crossover Fees 4 installments January-April

\*End Of Season Events (All Star Worlds, The Open, D2 Summit, & Worlds are NOT included into competition fees.



OMNI ELITE ATHLETIX

# FINANCIAL *Commitment*

## JUNIOR ELITE

**\$170 PER MONTH**

2 Practices/ 1 Tumble Class

REQUIRED ADDITIONAL FEES NOT INCLUDED IN MONTHLY TUITION

Annual Registration Fee

\$75 Individ./\$125 Max

Acceptance & Practice Wear

\$180 due at placement

Competition Fees\*\*

\$950 est

Uniform (NEW)\*

\$550

Choreography

\$400 est. Half 6/1 & 7/1

USASF\*\*

\$49

## ADDITIONAL FEES (NOT IN MONTHLY TUITION)

Warm Up (\$250), Backpack (\$135), Black Shoes (\$110)

### CROSSOVER FEES\*\*:

Additional Competition Fees (\$500)

### ADDITIONAL CLASSES

#### TUMBLING

(1 CLASS INCLUDED; ADDITIONAL CLASS \$30)

FLEX CLASS -\$30/MONTH

\*\*FEES LISTED ABOVE ARE ESTIMATED UNTIL JUNE\*\*

\*Tuition can be paid in full (5% discount) by June 5th.

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# Our Philosophy

Our Commitment is to our  
PROGRAM, TEAM and OUR  
ATHLETES

## OUR Mission

Our mission is to personally grow and train athletes to become champions. We will do this by teaching the core fundamentals of physical fitness, conditioning and character building. The integrity of our company is of the utmost importance. We will strive as individuals to teach and instruct our athletes with kind hearts setting realistic goals to help each and every athlete to reach their highest potential.

# #OMNISTRONG

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FAMILY ENVIROMENT GYM

*Thank you, and we look  
forward to working  
with you.*

Omni Elite Athletix  
1426 Babbage Lane  
Indian Trail, NC 28079  
704-684-0100  
Omnieliteathltix@gmail.com

# What Level?



At Omni Elite we want your child to be challenged and successful in a safe environment. We place all of our athletes to ensure team success throughout the season.

## Tumbling Progression Evaluation

### LEVEL 1

- Forward Roll
- Backwards Roll
- Handstand Forward Roll
- Cartwheel
- Cartwheel Back Walkover
- Round Off
- Handstand to Bridge
- Backbend Kickover
- Back Walkover
- Front Walkover

### LEVEL 2

- Standing Back Handspring
- Back Handspring Step Out
- RO Back Handspring
- RO BHSP Step out
- Front Walkover RO Back Handspring
- RO x3 Back Handsprings
- Front Handspring
- T-Jump BHSP

#### NOTES:

### LEVEL 3

- Standing 3 Back Handsprings
- Toe Touch 3 Back Handsprings
- Roundoff Handspring Tuck
- Roundoff Tuck
- Front Tuck
- Front Walkover Roundoff BHSP Tuck
- Aerial

### LEVEL 4

- Standing 3,2,1 BHSP to Tuck
- Standing Tuck
- Roundoff BHSP to Layout
- Punch Front RO BHSP Tuck and Layout
- Back walkover to tuck
- Cartwheel Tuck
- Whip through to Layout
- Round-off whip tuck
- Toe-Touch BHS Tuck

### LEVEL 5

- Jumps To Tuck
- Standing 3,2,1 BHSP to Layout
- Jumps to BHSP Layout
- Standing BHSP Whip through Layout
- Arabian
- Roundoff BHSP Full
- FWO through to Full
- Puch Front SO to Full
- Whip through to Full
- Front HSP Front Punch to Full

### LEVEL 6

- Standing full
- Jumps to Full
- Standing BHSP to Full
- Standing BHSP Whip Punch Full
- RO BHSP To Double Full
- 3 & 2 to Double Full
- Elite combos to Double Full
- Elite Standing to Double Full



# IMPORTANT DATES

DATE:	EVENT:	MANDATORY:
May 29th	GYM CLOSED	
June 5th	Practices Being	
June 13th-15th	Stunt Choreo	
July 3rd-6th	No team practices	
July 10th-14th	CHOREOGRAPHY	
August 20th	GYM CLOSED	
September 1st-4th	GYM CLOSED	
September 10th	Sunday Practices	
September 15th-16th	BLACKOUT DATES	
September 25th-28th	DANCE CHOREO	
October 13th & 14th	BLACKOUT DATES	
October 31st	No team practices	
November 3rd-4th	BLACKOUT DATES	
November 5th	SHOWCASE	
November 22nd-26th	GYM CLOSED	
December 1st-2nd	BLACKOUT DATES	
December 22nd-26th	GYM CLOSED	
December 31st	GYM CLOSED	
January 1st	GYM CLOSED	
January 12th-13th	BLACKOUT DATES	
February 2nd-3rd	BLACKOUT DATES	
March 8th & 9th	BLACKOUT DATES	
March 31st	GYM CLOSED	
April 12th-13th	BLACKOUT DATES	
April 26th-27th	BLACKOUT DATES	
May 3rd-4th	BLACKOUT DATES	

**Blackout Dates are dates that coaches can call extra practices.  
Your team band will have specific days & times!**



# ATHLETE ROSTER:

Communication is very important at Omni Elite Athletix. To help us keep in touch with you on a regular basis, with date changes, and also in the event of an emergency, please fill out the form below. Your information will be kept strictly confidential. Thank you.

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ATHLETE NAME

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PARENT NAME

---

BIRTHDAY

---

AGE AS OF DEC. 31ST, 2022

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PARENT PHONE NUMBER

---

PARENT EMAIL

---

Crossover? (Y/N)

## SIZES:

T-SHIRT: \_\_\_\_\_

JACKET: \_\_\_\_\_

SHORTS: \_\_\_\_\_

HOODIE: \_\_\_\_\_

SPORTS BRA: \_\_\_\_\_



# VACATION CALENDAR 2022-2023

*Please list any vacations below.*

